

# Eastern International College

vol 3 Summer 2024 Editors: Ameena Athab, Liz Reilly, and Kristine Watco



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## A JOB WELL DONE! NEW GRADUATES CELEBRATING THEIR ACADEMIC SUCCESS! PHOTO CREDIT: AMEENA ATHAB

# **CAMPUS HIGHLIGHTS**

This has been a busy year for Eastern International College, between the Middle States Reaffirmation visit to our Pinning and Commencement Ceremonies. The Campus Community has been busy with schoolwork, community outreach, Chat and Chews, and much more – read on to see what we've been up to!





PHOTO CREDIT: AMEENA ATHAB



# EIC'S MIDDLE STATES ACCREDITATION HAS BEEN REAFFIRMED!

**ACCREDITATION UPDATE:** 

From the office of Dr. Julius Wangiwang, President:

I am very happy to inform you that the Middle States Commission on Higher Education (MSCHE) has reaffirmed EIC's accreditation for the next eight years. The next evaluation visit is scheduled for 2031-2032.

I would like to take this opportunity on behalf of EIC to thank you for everything that you contributed for the success of this accreditation endeavor. This is not possible without your cooperation, active participation, and support.

#### Congratulations to the EIC Community!

#### WHAT DOES THIS MEAN FOR STUDENTS?

Middle States Accreditation benefits the student by verifying the standard of a school's education so you know you are getting a quality education in your chosen field.



LEARN MORE:

MSCHE.org/accreditation



#### BENEFITS TO STUDENTS, CONT'D

Eastern International College is accredited by the Middle States Commission on Higher Education. The MSCHE is an institutional accrediting agency recognized by the U.S. Secretary of Education and the Council for Higher Education Accreditation (CHEA). Eastern International College is also licensed by the New Jersey Office of the Secretary of Higher Education.

## EICOLLEGE.EDU/ABOUT/ACCREDITATIONS-APPROVALS/#ACCREDITATIONS

There are many benefits to attending a college or university that has been accredited by Middle States Commission on Higher Education (MSCHE).

When a college volunteers to seek accreditation, the institution has to meet certain standards for academics, student services, and more. The process of accreditation takes years and involves multiple thorough reviews of the school's standards, practices, procedures, and environment.

When a school achieves an institutional accreditation such as Middle States, whether for the first time or a reaffirmation, that means the school is recognized as operating with the students' best interest in mind.

MSCHE reaffirmation means that EIC shows it is using best practices for education, that it is involving its employees in decision-making, and that it operates at a level of excellence that inspires confidence in individuals looking to further their education.

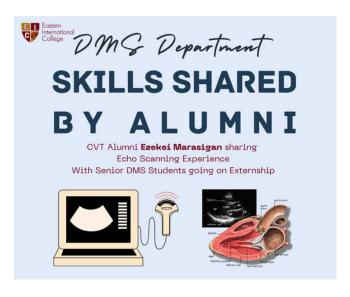


PHOTO CREDIT: KRISTINE WATCO

### DIAGNOSTIC MEDICAL SONOGRAPHY NEWS

COMPILED BY DR. SHAHIDA QURESHI AND KRISTINE WATCO

#### SHARED SKILLS BY ALUMNI!

Here at Eastern International College, we strive to keep relations with our alumni who have graduated from our programs. From July 22, 2024 to August 12, 2024, CVT Alumni, Ezekei Marasigan volunteered her time outside of her busy work schedule to share her skills with our current DMS senior students.

Ezekei comes to the school every Monday, offering scanning tips and tricks to our DMS senior students who are expected to go out on their externship the following semester. Our DMS senior students have benefited from her expertise in the field and gained important insight, helping them build their Echo scanning skills.



DMS SENIOR STUDENTS PRACTICING ECHO SCANNING WITH CVT ALUMNI, EZEKEI MARASIGAN

PHOTO CREDIT: KRISTINE WATCO



#### DMS RESOURCE: REAL TALK SONOGRAPHY VIDEO SERIES FROM ARDMS

The American Registry for Diagnostic Medical Sonography (ARDMS) has compiled a video series called "Real Talk Sonography" made by Medical Sonographers for students and fellow professionals. From the ARDMS webpage:

"We interviewed over 20 sonographers, skipping the small talk in favor of real talk. We asked questions about their profession and its impact on their lives. What started out as a single video quickly developed into several as we watched the interviews and realized that the stories, insights and emotions displayed could never adequately be shared in 3 minutes."

If you would like to learn more about this unique project, please scan the QR code below to go to the YouTube playlist for Real Talk Sonography:





LEARNING AND LUNCHING WITH THE NURSING DEPARTMENT!

PHOTO CREDIT: AMEENA ATHAB

## **NURSING NEWS**

# COMPILED BY DR. SUZANNE MULLINGS, AMEENA ATHAB, AND KRISTINE WATCO

We're thrilled to introduce an exciting new initiative designed to foster connection, collaboration, and nourishment among our nursing students and faculty: Chat and Chew! This engaging event series, hosted by the Eastern International College Nursing Department, aims to blend meaningful conversations with delicious food, creating a relaxed environment where ideas and insights can flourish.

#### **SUMMER CHAT & CHEW**

The Nursing Department's Summer Chat & Chew was on July 12, 2024 from  $2:00\,\mathrm{pm}$  -  $4:00\,\mathrm{pm}$ , taking place in our Student Lounge.

The Nursing Chat and Chew event aims to provide a platform for students to express their thoughts and feedback directly to the Dean and faculty, enhance communication and understanding between students and faculty, address any concerns or suggestions for improving the nursing program and create a nurturing and inclusive environment where every student feels heard and valued.

During this event the nursing students, the Dean of Nursing, and faculty members/staff came together to share food, discuss important topics, and foster a sense of community. This gathering provides a unique opportunity for students to voice their concerns, ask questions, and share their experiences in a relaxed and supportive environment. No topic is off-limits, and all voices are welcome!



EIC STUDENTS LUNCHING AND LEARNING ALONGSIDE DR. MULLINGS, DEAN OF NURSING.

PHOTO CREDIT: AMEENA ATHAB



NURSING STUDENTS, PETER CHONG AND SHANIELLE RHULE  ${\tt PHOTO\ CREDIT:\ AMEENA\ ATHAB}$ 



ANOTHER SUCCESSFUL OUTREACH EVENT IN THE BAG!
PHOTO CREDIT: AMEENA ATHAB

# DENTAL HYGIENE NEWS

# COMPILED BY TIFFANY JANAJREH, RDH, MSDH AND AMEENA ATHAB

On July 12, 2024, the Dental Hygiene Department held another successful outreach program with Catherine Todd - Senior Home. EIC Students were happy to share techniques and tips with participants to encourage good oral health!



# WHAT IS COMMUNITY OUTREACH AND WHY IS IT IMPORTANT?

This initiative was aimed at promoting better dental care practices among seniors, fostering improved overall health and well-being. Community outreach refers to efforts made by organizations or individuals to connect with and support local communities, especially those in need, by providing services, education, or resources.

In this context, the program exemplified how dental students actively contributed to the welfare of their community by sharing their expertise and enhancing the residents' knowledge about maintaining optimal oral hygiene.



DENTAL HYGIENE STUDENTS WERE HAPPY TO SHARE
TECHNIQUES THAT ENCOURAGE GOOD ORAL HEALTH - AT
CATHERINE TODD SENIOR HOME, JERSEY CITY, NJ
PHOTO CREDIT: AMEENA ATHAB

# STUDENT AFFAIRS SPOTLIGHT: DENTAL HYGIENE PINNING

PHOTO CREDITS: NIANJIA HAN (INSTAGRAM @NIANJIA\_HAN)

On June 6, 2024, at 9:45 a.m., Eastern International College celebrated the achievements of its dental hygiene graduates during the Dental Hygiene Pinning Ceremony.

This ceremonial event marked a significant milestone for the students, symbolizing their transition from dedicated learners to professional practitioners in the field of dental hygiene.

Surrounded by family, friends, and faculty, the graduates were honored with ceremonial pins that represent their commitment to the profession and the skills they have mastered throughout their academic journey.

The ceremony not only recognized their hard work and dedication but also served as a heartfelt tribute to their future roles in improving oral health and contributing to the wellbeing of their communities.







# STUDENT AFFAIRS SPOTLIGHT: COMMENCEMENT

PHOTO CREDITS: AMEENA ATHAB



College graduation is a momentous occasion—a culmination of years of hard work, late-night study sessions, and perhaps a few too many cups of coffee. Picture this: the sun shining down on a sea of caps and gowns, the air buzzing with excitement and a touch of nostalgia. Graduates, their faces a mix of relief and anticipation, clutch their diplomas tightly.



They've conquered exams, written countless essays, and formed lifelong friendships. As they walk across the stage, they're not just receiving a piece of paper; they're stepping into a new chapter of their lives. Some will pursue further education, while others will dive headfirst into careers.



But in that fleeting moment, as the crowd erupts in applause, they all share a common feeling: pride. It's the kind of pride that can't be measured by GPA or honors—it's the pride of growth, resilience, and the promise of a bright future

## **CAMPUS HIGHLIGHTS**

COMPILED BY LIZ REILLY

#### HAPPY BIRTHDAY, DR. BASHIR!

July 3rd, 2024 marked the first "Founder's Day", celebrating the birthday of Dr. Bashir Mohsen, EIC's founder and CEO. In 1990, Dr. Bashir founded Microtech Training Center in East Orange, NJ. As time passed and markets changed, he saw an opportunity to provide quality education in the Allied Health Field and transitioned the mission of the school. Renamed Eastern International College, the school started offering programs in Diagnostic Medical Sonography, Nursing, and Dental Hygiene. Today, EIC has 4 on-campus and 3 online programs as well as accreditations from Middle States, CODA, and ACEN.



JAMES TUGADE, BSN & ZDJA THOMPSON, DMS ARE HARD AT WORK BRINGING STUDENT CONCERNS TO THE FOREFRONT PHOTO CREDIT: LIZ REILLY



PHOTO CREDIT: LIZ REILLY

#### EIC STUDENT COUNCIL REVIVED!

Summer 2024 brings the revision of Eastern International College's institutional Student Council. Due to EIC's commuter school nature, the student council monthly meetings exist on a hybrid setting where EIC students (from any program) can join the meetings in person or virtually via Google Meets.

Student Services Coordinator, Kristine Watco, facilitates the meeting each month. The meetings are a safe space for students to voice out their suggestions or ideas on how to improve the institution and increase student activity & engagement.

Want to learn more on how to get more involved on campus? E-mail kristine.watco@eicollege.edu to inquire more information about the student council.

# **DIRECTOR'S CUTS**

COMPILED BY LIZ REILLY

# HOT OFF THE PRESSES: DR. HANY ZAKY'S LATEST PUBLICATION

From the office of Dr. Hany Zaky, Director of Assessment and Institutional Effectiveness:

It is my pleasure to share my latest published work with our EIC community. The research is an Integrative literature Review Analysis entitled "Adult Education and Empathy: The Impact of Empathy Development on Students' Academic Competencies and Classroom Engagement Post-COVID-19".

PLEASE SCAN THE CODE TO READ DR. ZAKY'S ARTICLE:



# HOT TOPIC: STUDENT LOAN LITERACY

The rate of misinformation on student loans, especially on Social Media, is growing by the day (https://bit.ly/FTCLoanMisinfo). To help cut through the false information, EIC's Student Services and Default Management have teamed up to start an ongoing campaign to spread legitimate resources regarding student loans, repayment plans, and related issues.

On July 17, 2024, the inaugural tabling event was held in the cafeteria, followed on July 18, 2024 by a Google Meet call with two of our alumni to spread the word.

Worried about student loans? You're not alone! Let's talk about it:



Student Survey on Loan Literacy



IMAGE CREDIT: LIZ REILLY

Preliminary results from a survey of EIC students and alumni show that the majority of respondents know their lenders and how much they have borrowed, 36% don't know how repayment works and 54% were not aware that they could ask Default Management or Financial Aid for this information.

When looking for useful info on student loans and repayment, the usual internet safety rules apply: don't share private info with an unvetted source, educate yourself on the basics first from a trusted source, and when in doubt head to StudentAid.gov for details.

Want more information on how to avoid loan repayment scams? Check out https://studentaid.gov/resources/scams



MARGARET PEREZ, DEFAULT MANAGEMENT AND
KRISTINE WATCO, STUDENT SERVICES
PHOTO CREDIT: LIZ REILLY



StudentAid.gov has a YouTube channel full of helpful videos that break down student loans and repayments with ease!



